



unity Church of New Hope

September, 2009

REFLECTIONS



have success!

It takes 150,000 calories to keep these amazing birds alive. But what is their most surprising characteristic to me is their personal interaction with people. After feeding at the feeder they will come right up to you and look you straight in the eye and then zoom off. They deliberately make a personal connection with people.

This connection with a hummingbird caused me to think about other connections we have with not only animals but with each other. We connect with each other through phones, internet, and in personally seeing each other at home, work, church and many other ways. Then there are the times when we can think of someone and they will call so the connections are there through thoughts and feelings too.

Then there is also our connection to our creator, God, Spirit. Each one of us is spiritually connected to God. We may not see God as we would an animal or a person but

the connection is there. It is up to us to consciously “connect” through what we call prayer. When we connect and ask God for our needs to be met, then we have in essence given permission to God to answer the prayer and the results are often dramatic and surprising.

Another result of connecting to God is the feeling of love and individual caring that we feel. God loves each of us but we won’t feel that love until we “open up”. The changes in our lives begin to show as we focus more on loving others than being loved. Our lives begin to be grounded more on giving than getting.

Whenever you feel overwhelmed with problems or lonely, take a moment and connect to God. You may feel alone with your situation but “help is at hand” and most importantly you are never alone.

Our prayer ministry at church is the heartbeat of our church. This is the one time of the year when we invite all those who feel called to the prayer ministry to apply for our program. Sue Greenwood is in charge of this ministry (su3f@yahoo.com). An orientation meeting will be held on August 30th from 10:00 -10:45 for all those who are interested.

The Fall Program is about to start and this year the book we are using is *Heal Your Life* by Louise Hay. Make plans to sign up in a home study group and deepen your understanding of the spiritual principles we teach.

See you soon!

*O Divine Master, grant that I may not so much seek to be consoled as to console;
to be understood as to understand; to be loved as to love.*

For it is in giving that we receive;

St. Francis of Assisi

Children's Christening
During Beginning of Sunday Morning Service
September 13th

Rev. Ellen Davis assisted by the Church Prayer Chaplains will facilitate a Children's Christening which will take place right before the Sunday morning talk during the Sunday morning service.

Please sign the Sheet in the foyer and clearly print the child's name, date of birth, and parent's name. If you forget to sign the sheet or can't make it to church before this service, then email Ellen at Ellen@unityofnewhope.org

Blessing the Children

Knowing that children are our greatest gift, we pause for a moment to bless them.

Most Loving Lord of All ~

Thank you for the delights of childhood and the joy of young hearts and minds.

May each child know that he or she is loved beyond measure.

May all children experience loving homes and families.

May the souls of our children shine brightly with your loving grace.

We pray that the innocence of childhood is protected.

We pray that the infinite possibilities within each child's mind are encouraged.

We pray that every child's dreams manifest to their greatest good.

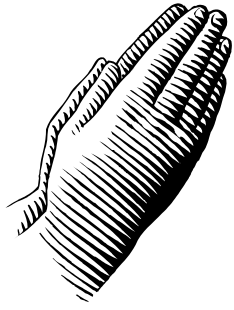
Thank you for the opportunity to bless our children.

Thank you for all that is good and true and pure within the spirit of a child.

Thank you for each child placed upon this world.

May all children be blessed. Amen.

Carin E. Horn, PhD, Prayer Chaplain
Unity Church of New Hope



Prayer Chaplain Corner

By Sue Greenwood MS, RYT-Prayer Chaplain Coordinator

Moments Between Thoughts

A new baby in my life and other changes have allowed me recently to focus on the moments between thoughts as times to connect with Spirit. It use to be that I could "create" those moments and extend them into lengthy times of prayer and reflection. Not in THIS moment in life!

If you are in a busy place in your life with racing thoughts and to-do's a mile long just know that each moment between that flurry in your mind is a jewel of consciousness waiting connection with God. Take each one, take a breath, smile (my favorite yoga pose), and know that you don't have to meditate for a hour or say a formal prayer to be divinely connected.

Most westerners are taught that the word yoga means "to yoke" but the more literal translation is to "gather together the strands of the mind". Use the breath and a smile to gather those loose ends and calm yourself....body, mind, and spirit. See you soon!

Namaste,
Sue

YOGA CLASSES HAVE RESUMED ON MONDAYS

7:30 PM

Sue Greenwood, Facilitator



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[Http://www.unityofnewhope.org](http://www.unityofnewhope.org)

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FALL PROGRAM BEGINS

Saturday, September 19th

Prayer Vigil from 1:00-7:00 PM

Labyrinth Walk at 8:00 PM



**7 Week Program Based on the book
“Heal Your Life
by Louise Hay**

**In Home Study groups start week of
Sept. 20th
Celebration Party on
November 1st at church**

Classes & Events

All classes are offered on a love offering basis. Each class stands on its own and anyone may attend at any time during the course of study.

Often people are confused about why we take up an offering for a class. There are 3 basic reasons:

1. The teacher is paid 1/2 of the offerings of the class for the effort, time and materials for the class.
2. The church is reimbursed for the use of the facility in terms of utilities advertising, etc.
- 3.

This church is totally supported entirely by love offerings and donations.

Ongoing Classes

SUNDAYS

Spirit Quest

6:00 PM

Email Lance & Mary Oliver for a schedule

Artists Way on Sept.6th 9:30

Sept. 20th After church

Mondays

Yoga for Unity!

6:30-7:30 PM

Sue Greenwood—registered Yoga Teacher and Yoga Therapist

This class is for all levels, anyone who wants to explore the breath and create space in the body. For more information or to schedule a private therapy session with Sue please email her at su3f@yahoo.com or check out her website at www.sadhanayoga.org

Meditation Classes

7:30 PM

Lane Pierce, Facilitator

Monday night meditation on the 1st and 3rd Monday of each month. Check the church calendar for details. You can access all events on the church calendar at <http://tinyurl.com/6vanph>

Come join us for a powerful group meditation.

Wednesdays

Visioning & Treasure Mapping Your Life

7:30 PM Ellen Davis & Lane Pierce

What are your heart's desires? How can you bring more creativity into your life and a feeling of really being on your life path?

Reclaiming Mother God in Ourselves and Our World

Sept. 13th-Oct. 11th

9:00-11:00 AM

Lin Weinberg

Join the Chaplain Program

See Sue Greenwood for

Sept. 19th 10-noon

Interviews

Sept. 27th: after church 1st half

Come Apart for Awhile

Prayer Vigil 1:00-9:00 PM

Sept. 19th

Sign up as a volunteer for the Fall Program Based on the book How To Heal Your Life by Louise

Shop our Bookstore For wonderful gift ideas

CHURCH STAFF

Minister:	Ellen Davis
Music Director:	Kathryn Kalahan
Youth Ed:	Stephani Mazy
	Ramona Zulch
	Mary Oliver
	Nancy Kremer
Office	Colleen Pierce
	Kay Lamb

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YOUTH EDUCATION



I can't believe that school is back in session and the summer is over! Summer went by so fast! But we had lots of fun in Sunday School. We ended it all with a Wii Bowling Tournament. That was a lot of fun and a great success!

Congratulations to Kaleigh, Summer, Thomas and Dawn for winning first place in your division and to Ethan for winning most unique bowling style. And a big thank you to everyone that helped out and participated.

We still have a lot of fun stuffed planned for the fall. The UniKids will be cooking and serving breakfast on September 27. The cost is \$5 a person and kids are free. We are planning a Halloween Carnival on October 17. Be on the lookout for more details.

I wanted to say thanks to all the kids and parents who have helped us raise enough money for Heifer International that we have purchased ducklings and bees. We did it all in one summer! Way to go! Our goal now is to buy a trio of rabbits.

We are always on the lookout for teachers and volunteers so if you are interested in helping out please let us know. We would love to have you!

Stephani Mazy
940-390-8512
queenstephani@sbcglobal.net

Accessing Our Church Online

We are on Facebook under Spiritual Organizations and the name Unity Church of New Hope. On this site you can participate in blogs and view church photos.

As most of you know we have a website: www.unityofnewhope.org which lists all the current activities of the church.

I am available for questions at Ellen@unityofnewhope.org. You can also make

ee CLEF NOTES ee

Kudos to those who created a new ambiance in the sanctuary! I was somewhat less than enthusiastic in the early stages of the artistic transformation, but I take great delight in the beauty and energy of the finished product. Thank you for your hard work, inspiration, and artistic vision! I think this creative energy is contagious. It seems to be a factor in the increased confidence our ensemble members are expressing musically.

Ensemble singers in July and August responded to personal requests (usually on a Friday or Saturday) to attend Sunday morning pre-service rehearsals. The soloists you heard in July and August ensemble presentations stepped up to the solo spotlight at these rehearsals, and all of the ensemble music offered in July and August was learned spontaneously. It seems we have hit upon a formula for time-limited concentrated music learning. These rehearsals have been focused, energetic, and so much fun that we've decided to make the formula official and ongoing.

Present ensemble members will be contacted each week by email with information about the up-coming Sunday rehearsal. Members have agreed to increase the rehearsal time by adopting a start time of 9:30 AM. This will allow time to practice music for future services as well as for the current Sunday. There may be times when guest musicians provide all the service music or when the music planned is not suitable for ensemble participation, but *most* Sundays the email will indicate, "*y'all come and sing*"!

I believe that frequent ensemble singing has begun to contribute continuity, music leadership, and positive energy to our services; and more frequent participation can only enhance that contribution. Thank you, ensemble enthusiasts, for your willingness to perform an important role! Anyone who would like to participate in the ensemble is welcome. All I need is an email address and a phone number. You can also look for an announcement about ensemble rehearsals in Ellen's weekly church email.

Our church building has evolved dramatically. The new "look" in the sanctuary, the fabulous new stage structure, the lovely window treatments and new carpet are evidence of a committed invitation to members and newcomers to come and be blessed. Let's add to the beauty with richer, fuller musical experiences.

Warmly, Kathryn

PS - If you've like to be on the "official" ensemble list, please email me at cleo-patrakk@gmail.com